



November 1, 2018

Volume 7, Issue 1

Talent Development News



Can you solve these visual word puzzles?

STEP
STEP
PETS

roforkad

CCCCCCC

JOB
AN

Important Dates

2nd quarter begins	11/1
School Holiday	11/12
Clubs Begin	11/15
Thanksgiving Holidays	11/21 — 11/23

Hi families,

The first quarter has been very eventful with hurricane days, Buster Move, MAP testing and much more. I have been able to work with all grade levels multiple times per week. I have also been working with our second grade student in the identification process. As I work with students, I am reminded that we can all get a bit overwhelmed at times. A common concern of parents -- continued on back

If you would rather receive a hard copy of each quarterly newsletter, please send me an email requesting one be sent home with your child.
Thank you!!



TD Program Wish List

I

have created an Amazon Wish List.

Some of the items include challenging games, books and other basic resources.

Please visit the link below to see how you can help out.

<http://a.co/5mgOQvb>



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Please visit my website.
<http://barnettetd.weebly.com>





Home of the

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and teachers of gifted children is perfectionism. Gifted children often have nearly impossible high expectations of themselves in academic and other settings, causing high levels of anxiety. Perfectionism can be healthy and unhealthy. So what does perfectionism look like and how can we help our students?

Perfectionist Profile	Characteristics	How parents can help
Academic Achiever	Strong focus on external evaluations such as grades; Tends to view in extremes- “all or nothing”	Deemphasize grades and external evaluations Focus on growth, learning and satisfaction first
Aggravated Accuracy Assessor	Focuses on mistakes; spends time creating “perfect” work to the detriment of socializing, extracurricular and even sleeping	Model mistakes, provide examples of imperfections in role models from books and movies; limit time spent on assignments
Risk Evader	Disengages to avoid potential disappointment, avoids challenge, completing homework or participating in class	Provide a safe environment for taking risks; Praise efforts, not outcomes
Procrastinating Perfectionist	Delays initiating work to avoid risk, may exhibit anxiety about a project, fears per-	Communicate timelines; work with children to divide large tasks into manageable smaller deadlines
Controlling Image Manager	Focuses on perceptions of others; tires to maintain image of perfection and high levels of success	Model good sportsmanship; praise process and effort vs. final product

Math Olympiad contests will begin this month for 4th and 5th grade. We have been practicing these types of problems and learning problem solving strategies. There will be 5 contests in all, one each month from November to March.



Information on perfectionism taken from *Parenting for High Potential*, September 2018. Article title: *Perfectionism: Helping Gifted Children Learn Healthy Strategies and Create Realistic Expectations* by Wilson and Adelson

Parent Resources

National Association for Gifted Children - www.nagc.org

North Carolina Association for Gifted and Talented- www.ncagt.org

Both of these organizations provide a wealth of information from parenting gifted students to finding resources for your child.